

SAMPLE CONTENTS

Drug Mixing - 97% of overdose is caused by mixing drugs
Overdose - what does an OD look like? what happens in the brain?

How Long Does Overdose Take?

Overdose Reversal - Narcan/naloxone

How Not to Get Hooked - daily vs. non-daily use

How Addictive Are Various Drugs? marijuana, coke, alcohol, nicotine, heroin, other opiates

Pill Identifier

What's the Difference Between Different Opioids?

How Do Opioids Act in the Brain?

Downsides of Heroin and Injecting

Safe Injection

Tester Shots

Lethal Half Dose and Therapeutic Dose

Tolerance, Withdrawal, and the law of diminishing returns

Overdose after a period of abstinence

Route of Ingestion, Rate of Ingestion and Addiction

Moderation, Abstinence and Harm Reduction Outcomes

Good Samaritan Laws

Using Alone - the dangers

CRAFT - Community Reinforcement And Family Training